



Topic: Breakfast

Level: Beginner

Grammar Focus: Verbs



Discussion:

A. Look at the picture. What do you see? These words will help you.

woman cereal coffee juice newspaper laptop table chair cloth robe



B. Read and discuss the following questions.

1. Why is the woman wearing a robe?
2. How do we know she is drinking coffee?
3. What is she doing while she eats her breakfast?
4. Is she in a hurry or taking her time? How do we know?
5. Is this a healthy breakfast?

C. General chat about breakfast.

What do you have for your first meal of the day? What time of day do you eat it?

Is breakfast different at the weekend? What makes a healthy breakfast?

D. Verbs are action words. Verbs tell us what the woman is doing. Match these verbs with the correct sentence ending.

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|---------------------|-------------------|
| The woman eats. . . | the newspaper. |
| She drinks. . . | on the chair. |
| She sits. . . | a bowl of cereal. |
| She reads. . . | on the computer. |
| She types. . . | a cup of coffee. |



Story:

A. Read the following story. Take your time. Pause at the end of each sentence when you reach a full stop.

Breakfast Time

It is 8 o'clock in the morning. It is time for breakfast. There are four members of the Brown family, Mr Brown, Mrs Brown, Kate and baby Jack. They all enjoy eating breakfast. Kate puts the plates and the cutlery on the table. She puts the butter and the honey and the jam on the table. They are hungry.

Mr Brown likes a cooked breakfast. He likes bacon and eggs on toast. Mrs Brown likes cereal with fresh fruit. They drink coffee. Kate likes toast with honey. She drinks orange juice. Baby Jack likes toast and a banana. He drinks milk.

The bacon and eggs are ready. Mr Brown begins his breakfast. Mrs Brown sits down and begins on her cereal with fresh apple and pear. The bread is toasted and Kate spreads honey on her first slice. Baby Jack cries. He is forgotten. He wants his breakfast too.



B. Testing your general understanding.

The following statements are either true or false. Read each one and decide whether it is 'true' or 'false'.

1. The Brown family enjoy breakfast time.
2. They all eat the same food.
3. Kate drinks orange juice.
4. Baby Jack is the first to eat.
5. Fresh fruit is not cooked.

C. Ultimate challenge. Read each question and the four possible answers. Which one do you think is correct?

Q.1 What is Kate's job at breakfast time?

- a. She looks after Baby Jack.
- b. She cooks the bacon and eggs.
- c. She sets the table.
- d. She washes the dishes.

Q.2 Who eats cereal with fresh fruit for breakfast?

- a. Mr Brown
- b. Mrs Brown
- c. Kate
- d. Baby Jack



Q.3 What does Baby Jack like to eat for breakfast?

- a. Toast with honey.
- b. Cereal with fresh apple and pear.
- c. A banana
- d. Toast and a banana.

Q.4 What does 'hungry' mean?

- a. To be in a hurry to eat.
- b. To want food.
- c. To enjoy being with family.
- d. To enjoy breakfast.

Q.5 Why does Baby Jack cry?

- a. He is still waiting for his breakfast.
- b. He does not like toast and honey.
- c. He wants bacon and eggs.
- d. He is hungry.

Exploring other ideas:

- Differences between countries and cultures.
- The literal meaning of the compound noun 'break-fast'.